



anova



# OUR NEEDED ITEMS

## july

Anova accepts new and gently used items. Reducing costs through donations from the public helps ensure our essential services continue to be FREE for those we serve.

### FOOD AND KITCHEN NEEDS

- snacks (don't have to be individual)
- pop/juice/water
- coffee/coffee whitener
- popsicles/summer snacks
- cooking oil
- gently used eating utensils
- spatulas
- new/gently used pots, pans, frying pans

### SHELTER NEEDS

- laundry detergent (pods are best!)
- toilet paper & paper towels
- pain medication (tylenol, advil)
- allergy medications

### RESIDENT NEEDS

- diaper cream
- gripe water/anti-gas drops
- Similac powder formula, Step 1 & 2
- wet wipes/baby wipes
- NEW summer women's pajamas
- new women's hot weather socks
- small gifts for children
- non seasonal gift wrap & gift bags



school supplies  
for september



New strollers  
New high chairs or high chair seats



Outdoor toys for kids (balls, water tables, games, sprinklers, etc.)  
Outdoor kids tables, chairs, play sets, etc.)

Navigating the world of donations can be a delicate balance of generosity and consideration. We kindly request donors to **be mindful of the condition of their items**. Please ensure donated clothes are thoroughly dry, and avoid donating items that have been through extreme conditions. Your mindfulness not only saves valuable time but also ensures that every donation makes a meaningful impact. Thank you for your understanding and continued support of Anova

**Donation Centre: 1067 Wellington Road S.**  
**Tuesdays and Thursdays, Noon to 3:00 pm**

Up-to-date information can be found at [www.anovafuture.org/donations](http://www.anovafuture.org/donations)

Any questions? Call 519-642-3003 x 2266 or email [donations@anovafuture.org](mailto:donations@anovafuture.org)  
24 Hour Crisis & Support Line 519-642-3000